

Effective Pastoral Care

What young people need and deserve from you as a leader

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1 THESSALONIANS 2:7, EZEKIEL 34:3, JOHN 10:11, 1 PETER 5:2-3

Key Takeaways

- Be a **relationship builder**. *Someone who cares & chooses to be actively present in a young person's life can have an incredible influence.*
- Offer **consistent and ongoing care** to young people you lead.
- Be an **empowerer**. *Consistently give the message "I believe in you."*
- Be a **pastor**. You don't need a title to be pastor to your young people!

Application

- Create a **safe and caring environment** - *foster their sense of belonging, offer love and acceptance, model respect and inclusion, give support, be trustworthy*
- Develop your **relational skills** - *show personal concern for individuals, be available to talk to them, be willing to get involved in their lives, be genuinely committed to the relationship and be genuinely interested in them*
- Work on your **pastoral skills** - *understanding, listening well, looking beneath the surface, empathy, self awareness, referral as needed*
- Strengthen **empowering attitudes** - *respect, sensitivity, understanding, vision and encouragement*